

Body Treatments

Hanakasumi

A unique protocol of Japanese inspiration: peeling with gloves, modelling the entire body and the feet in a reinvigorating and nourishing delicately perfumed ritual

woman/man
1 hour Euro 90

Oriental ceremony

A rejuvenating ritual of Oriental inspiration with bags of warmed aromatic spices: exfoliation with spices and a nourishing modelling, enriched with with bags and hot stones.

woman/man
1 hour Euro 100

Made-to-Measure Gommage

Tonic exfoliation combining sea salts and sugars. Sweet-salty exfoliation for velvety skin.

woman/man
20 minutes Euro 50

Culte minceur

A slenderizing ritual starting by exfoliation with salts, followed by a wrap with green tea and red grapes. Finally, a slimming treatment with oils.

A slimness ritual to remodel and refine the silhouette..

woman/man
45 minutes Euro 100

Escale fondante

A new generation wrap that favors perspiration for a visible draining effect.

An incredible "caramel" texture with Focus and slenderizing essential oils for ultimate pleasure.

woman/man
45 minutes Euro 70

Soin événement framboise et fleurs de Jasmin

Every year a unique sensorial escape, from the match between a fruit, a flower and a color.

A limited edition, for a smooth skin

woman/man
45 minutes Euro 80

Facial Treatments

Collagène Hyaluronique. Anti-age program

Customized anti-aging program. The first customized anti-ageing intensive treatment, adapted to the real age of your skin according to the expert diagnosis

of your beauty therapist who determines the ageing grade. A professional treatment, allying technology with an exclusive modeling technique for a proven and long lasting efficiency

woman/man
1 hour and 15 minutes Euro 90

Hydrooptimale TH13. High-performance hydration

The first sensorial high-moisturizing program in three dimensions.

A pure moment of pleasure for the senses that alternates Digi-Esthétique

with luxurious and sensorial applications. The ultimate relaxation as warmers diffuse gentle heat to your back

woman/man
1 hour and 15 minutes Euro 90

Flash Beauté

A relaxing treatment with Vitamine C to revitalize the skin

woman/man
40 minutes Euro 60

Active Contour

An overall decongesting-smoothing response, based on leading edge technology at the frontier between science and nature.

woman/man
40 minutes Euro 60

Soin professionnel Printemp-Eté

A match between a facial cream, a masque, and a fresh gel with mango and ananas extracts

to give the skin brightness and comfort. For all skin types.

woman/man
40 minutes Euro 70

Traditional facial cleaning.

An optimal treatment to reactivate, purify and illuminate the skin, with a fresh feeling of well-being.

woman/man
60 minutes Euro 70

Massages

Deep tissue

A deep massage that follows the philosophy of advanced American techniques to relieve pain and muscle tensions.

woman/man
40 minutes Euro 70

Shiatsu

Massage technique of Japanese origin which consists of a bracing manual pressure and stretching on the meridians, on various parts of the body,

to relieve tension, fatigue and tiredness, and to rebalance the energy flows.

The treatment requires you to wear comfortable clothing

woman/man
60 minutes Euro 70

Aroma Massage

Made with essential oils to improve circulation, relieve tension, improve flexibility and create relaxation.

woman/man
50 minutes Euro 70

Lymphatic drainage with essential oils

Stimulates blood and lymphatic circulation by reducing the phenomena

of water retention, improves tone and elasticity of the skin

woman/man
Partial - 40 minutes Euro 70
Total - 60 minutes Euro 90

Thai massage

Strong and energetic massage, to relax the muscle system and relieve tension. Based on finger pressures and stretching maneuvers, to give well-being to the whole body.

The treatment requires you to wear comfortable clothing.

woman/man
60 minutes Euro 70

Ayurveda

From the ancient Eastern tradition, a relaxing and regenerating massage

for body and mind. The warm oil fragrance will cradle you on the deepest physical and mental well-being.

woman/man
60 minutes Euro 100

Beauty Treatments

Manicure

woman/man
50 minutes **Euro 30**

Pedicure

woman/man
60 minutes **Euro 40**

Manicure and Pedicure

The decoration of the nail does not affect the price of treatment
woman/man
110 minutes **Euro 60**

Deluxe treatment for hands and/or feet

An exclusive treatment for the care of hands and / or feet.
The initial scrub and mask with paraffin helps to remove dead cells

to have hands and feet smooth as silk.

All this, followed by a rejuvenating massage.

Basic manicure and pedicure and pedicure are also included
woman/man

Hands - 60 minutes **Euro 50** / Feet - 70 minutes **Euro 60**

Hands and feet (combined) - 130 minutes **Euro 100**

Depilation

woman/man

With single-use cold depilatory wax

Legs (partial) - 20 minutes **Euro 30** / Full legs - 30 minutes **Euro 40**

Complete (bikini and full legs) - 45 minutes **Euro 60**

Bikini - 15 minutes **Euro 20**

Eyebrows - 15 minutes **Euro 10**

Mustache - 5 minutes **Euro 8**

The duration of the treatments may change according to customer's needs

Total bikini depilation is not available

Make-up

Day - 40 minutes **Euro 50**

Night - 50 minutes **Euro 60**

Bridal make-up - 60 minutes **Euro 80**

For the bridal make up: the make-up of the wedding day is preceded by two previous tests. **Total Euro 240**

Opening hours

From 9a.m. to 7p.m.
Treatments upon reservation every day
from 1p.m. to 6:30p.m.
except on Tuesdays.

For any further information please contact the Reception

No fees in case of cancelation within 4 hours before treatment.
50% of fee on the total amount for late cancelation

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UNA POGGIO DEI MEDICI
GOLF & RESORT



Treatments Menu
Wellness Center